



# Northwest B.C. Child Development Centre

1471 Columbia Drive, PO Box 995, Smithers BC V0J 2N0 . reception@bvcdc.ca  
Phone: 250-847-4122 . Fax: 250-847-9338

Hazelton - 2725 Highway 62, Hazelton, BC (5105 Swanell Road)  
Ph: 250-842-5044 Fax: 250-842-5048

Burns Lake - 270 9th Ave, Burns Lake, BC  
Ph: 250-692-4201 Fax: 250-692-4221

Vanderhoof - 1393 Highway 16 East, Vanderhoof, BC  
Ph: 250-567-2911 Fax: 250-567-3892

## Early Intervention Services

### Infant Development Program

Program Coordinator  
Consultants

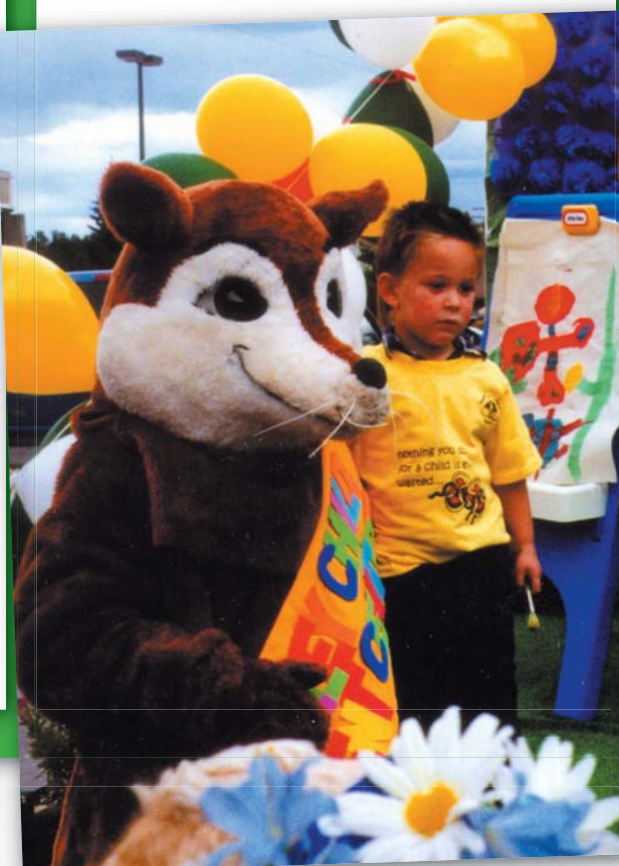
**Early Invention Program**  
Program Coordinator  
Family Services Coordinator  
Occupational Therapist  
Physiotherapist  
Speech/language Aide  
Therapy Aide

**Make Children First Initiative**  
Implementation Manager  
FASD/CDBC Key Worker  
Assessment and Support

**Provincial Outreach Program (Psychology and Seating)**  
Family Services Coordinator

## School Age Services

Physiotherapist  
Occupational Therapist  
Community Education  
Move to Learn Group



## Community Resources and Education

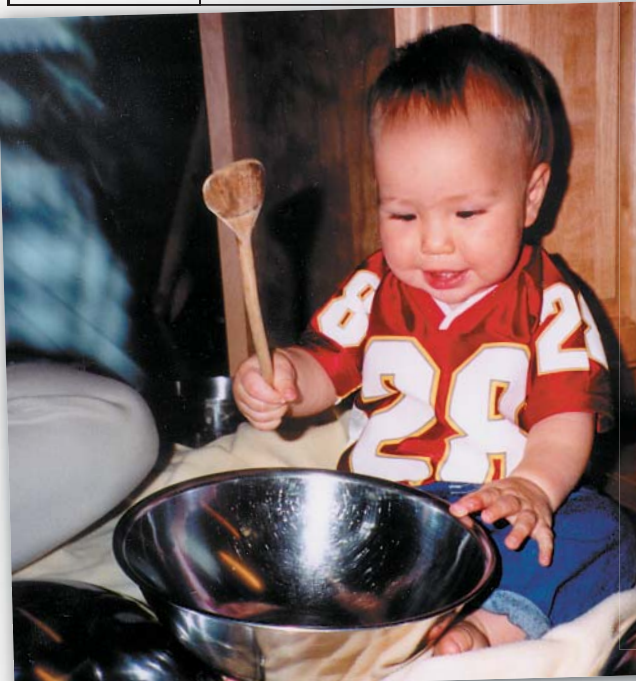
**Child Care Resource & Referral**  
Regional Coordinator  
Program Manager  
Resource Educator  
Resource Assistant  
Outreach Educator

**Toy/Equipment/Resources Lending Libraries**  
Child Care Resource and Referral  
Family Services Coordinator  
Therapy Aide



## Milestones and Warning Signs for Speech and Language Development

Age	Understands	Expresses	When to be Concerned
0-6 months	<ul style="list-style-type: none"><li>· watches your face when you talk</li><li>· reacts to friendly and angry voices/faces</li><li>· looks when name is called and enjoys social routines (peek-a-boo, pat-a-cake)</li></ul>	<ul style="list-style-type: none"><li>· babbles and squeals to people</li><li>· smiles</li><li>· repeats own sounds</li><li>· uses a variety of sounds</li><li>· tries to talk to you with sounds</li></ul>	<ul style="list-style-type: none"><li>· does not react to sounds</li><li>· does not make sounds</li><li>· does not reach/grab objects</li></ul>
6-12 months	<ul style="list-style-type: none"><li>· understands common words (bye-bye, up, give, come and own name)</li></ul>	<ul style="list-style-type: none"><li>· uses first words</li><li>· tries to say words and sounds, sings and laughs</li><li>· imitates</li></ul>	<ul style="list-style-type: none"><li>· does not respond to simple words</li><li>· does not babble</li></ul>
12-18 months	<ul style="list-style-type: none"><li>· understands 50 words (3 body parts)</li><li>· understands simple questions (Where's your shoes?)</li><li>· understands simple commands (Open your mouth.)</li></ul>	<ul style="list-style-type: none"><li>· uses up to 50 words</li><li>· uses gestures (nods yes and no, points)</li><li>· imitates at least 12 different sounds</li></ul>	<ul style="list-style-type: none"><li>· does not talk</li><li>· does not point or indicate what he/she wants</li><li>· is not sociable</li></ul>
18-24 months	<ul style="list-style-type: none"><li>· understands 1200 words</li><li>· knows and points to pictures</li><li>· distinguishes one from many</li><li>· understands simple stories</li></ul>	<ul style="list-style-type: none"><li>· uses 200-250 words</li><li>· uses 2-word sentences</li><li>· less mimicking observed</li><li>· asks questions, uses I, me, mine</li></ul>	<ul style="list-style-type: none"><li>· uses more gestures than words</li><li>· does not combine words</li><li>· does not follow directions</li></ul>
24-30 months	<ul style="list-style-type: none"><li>· identifies pictures of actions</li><li>· understands 2400 words</li><li>· follows 2-step directions</li><li>· understands function of objects, plurals, boy/girl</li></ul>	<ul style="list-style-type: none"><li>· uses 425 words</li><li>· uses no/not in phrases</li><li>· uses 3-word sentences</li><li>· 70% of what s/he says is understood</li></ul>	<ul style="list-style-type: none"><li>· does not use 2-word sentences</li><li>· does not answer questions</li></ul>
3 years	<ul style="list-style-type: none"><li>· understands 3600 words</li><li>· understands "What do we do when ...?" questions</li><li>· understands "Why?" questions</li><li>· takes turns in play</li><li>· follows 3-step directions</li><li>· understands big/little, colours</li><li>· aware of past/future tenses</li></ul>	<ul style="list-style-type: none"><li>· vocabulary of 900 words</li><li>· uses 3-4 word sentences</li><li>· uses what/where questions</li><li>· uses some describing words (big, little, wet, dirty)</li><li>· can tell simple stories and relate events</li><li>· 80-85% of what s/he says is understood</li></ul>	<ul style="list-style-type: none"><li>· shows frustration when trying to talk</li><li>· child's speech is difficult to understand</li></ul>
4 years	<ul style="list-style-type: none"><li>· understands 5600 words</li><li>· knows all colours</li><li>· knows number concepts to 4</li><li>· understands opposites (slow/fast)</li><li>· knows full name and familiar stories</li><li>· recognizes name in print</li></ul>	<ul style="list-style-type: none"><li>· vocabulary of 1500 words</li><li>· uses 5-6 word sentences</li><li>· counts to 3</li><li>· gives meaning of words</li><li>· names all colours</li><li>· enjoys rhyming and telling stories</li><li>· 90-100% of what s/he says is understood</li></ul>	<ul style="list-style-type: none"><li>· stutters</li><li>· uses incomplete sentences</li><li>· child's speech is difficult to understand</li></ul>
5 years	<ul style="list-style-type: none"><li>· understands 9600 words</li><li>· knows numbers to 5</li><li>· uses past, present and future tenses</li><li>· understands if, because, when, right, left</li></ul>	<ul style="list-style-type: none"><li>· vocabulary of 2200 words</li><li>· uses complete and complex sentences</li><li>· reads by way of pictures</li></ul>	<ul style="list-style-type: none"><li>· same as above</li></ul>



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## Chart Title

Age	Gross Motor Development Milestones	When to be Concerned
1 - 2 months	<ul style="list-style-type: none"><li>· Briefly lifts head</li><li>· Bends and straightens arms and legs when lying on back</li><li>· Rolls from side to back</li></ul>	<ul style="list-style-type: none"><li>· Only kicks one leg, or moves one arm</li></ul>
3 - 5 months	<ul style="list-style-type: none"><li>· Head, neck and trunk control improved</li><li>· Pushes up with arms and raises head while on stomach (by 5 months)</li><li>· Raises arms and legs off floor when lying on stomach</li><li>· Brings hands together at centre of body</li></ul>	<ul style="list-style-type: none"><li>· Arches back whenever held</li><li>· Unable to push up with arms (by 5 months)</li><li>· Head, neck and trunk seem either too "floppy" (can't hold head up) or too "stiff"</li></ul>
6 - 8 months	<ul style="list-style-type: none"><li>· Sits unsupported or by leaning on hands</li><li>· Turns head side to side</li><li>· Grabs foot; may bring foot to mouth</li><li>· Bounces up and down when held in standing</li><li>· Rolls from front to back and usually back to front</li><li>· Pulls to sitting or standing</li></ul>	<ul style="list-style-type: none"><li>· Needs support to sit</li><li>· Will not stand with assistance; will not put weight on feet</li><li>· Does not move to get toys</li><li>· Does not roll or attempt to roll</li></ul>
9 - 11 months	<ul style="list-style-type: none"><li>· Balances in kneeling</li><li>· Sits and plays with toy</li><li>· Stands briefly unsupported; walks with support</li><li>· Crawls on hands and knees; some cruising (walking along furniture)</li></ul>	<ul style="list-style-type: none"><li>· Does not move into kneeling</li><li>· Does not attempt to stand</li><li>· Poor balance in sitting</li></ul>
12 - 15 months	<ul style="list-style-type: none"><li>· Rolls ball forward; throws small ball from sitting</li><li>· Stands unassisted</li><li>· Walks without help; feet wide apart and arms out for balance</li></ul>	<ul style="list-style-type: none"><li>· Locks knees backwards when standing</li><li>· Does not move objects from one hand to another</li></ul>
16 - 24 months	<ul style="list-style-type: none"><li>· Walks with feet closer together and arms at side or holding a toy</li><li>· Walks backwards, sideways and up/down stairs with hand held</li><li>· Runs forward</li><li>· Squats and gets back up to pick up toy from floor</li><li>· Climbs onto an adult chair</li></ul>	<ul style="list-style-type: none"><li>· Favours one leg or hand more than the other</li><li>· Walks with feet excessively pointing out</li><li>· Walks with feet rolling over to the inside</li><li>· Unable to rise from squatting position</li><li>· Unable to walk up/down stairs with assistance</li></ul>
2 years	<ul style="list-style-type: none"><li>· Balances briefly on one foot</li><li>· Runs; jumps; kicks ball</li><li>· Walks up/down stairs holding onto railing</li><li>· Climbs on/off chairs</li></ul>	<ul style="list-style-type: none"><li>· Seems fearless and does not understand danger</li><li>· Falls a great deal</li><li>· Does not attempt climbing</li></ul>
3 - 4 years	<ul style="list-style-type: none"><li>· Catches large balls with arms bent</li><li>· Balances on one foot for 5 - 10 seconds</li><li>· Runs, stops, starts, turns easily</li><li>· Walks and balances along a line or board; walks heel-to-toe along line</li><li>· Jump 2" - 8" off the ground; jumps off a step</li><li>· Hops on one foot</li><li>· Alternates feet going up or down stairs</li><li>· Starts to pedal tricycle</li></ul>	<ul style="list-style-type: none"><li>· Appears very uncoordinated or 'clumsy'</li><li>· Falls a lot or walks into objects</li><li>· Does not jump up</li><li>· Has difficulty imitating physical motions/movements</li></ul>

## Chart Title

Age	Play Skills	Fine Motor	Self Care	When to be Concerned
0 - 6 months	<ul style="list-style-type: none"><li>· Reaches for toys starting at 4 months</li><li>· Reaches, grasps, bangs and splashes</li></ul>	<ul style="list-style-type: none"><li>· Holds object briefly when placed in hand starting at 4 - 5 months</li></ul>	<ul style="list-style-type: none"><li>· Sleeps and feeds at regular times by 6 months</li></ul>	<ul style="list-style-type: none"><li>· Does not suck well on nipple</li><li>· Does not lift head when on tummy by the age of 2/3 months</li></ul>
6 - 12 months	<ul style="list-style-type: none"><li>· Picks up small and bigger toys</li><li>· Claps, moves, plays "peek-a-boo"</li><li>· Imitates facial expressions and sounds (i.e. lip smacking, tongue clicks)</li></ul>	<ul style="list-style-type: none"><li>· Uses pincer grasp to pick up small objects</li><li>· Bangs toys together</li><li>· Grasps and explores objects by mouth</li><li>· Stacks 2 blocks</li><li>· Passes an object from one hand to the other</li><li>· Takes things out of containers</li></ul>	<ul style="list-style-type: none"><li>· Holds and drinks from a bottle</li><li>· Eats some finger foods</li><li>· Begins eating some foods with a spoon</li></ul>	<ul style="list-style-type: none"><li>· Limited eye-contact</li><li>· Consistently favours one hand and/or one leg</li><li>· Hand (or hands) remain fisted</li><li>· Does not explore with hands</li><li>· Does not reach and hold objects</li></ul>
12 - 18 months	<ul style="list-style-type: none"><li>· Pushes or pulls toys or other objects when walking</li><li>· Rolls a ball and enjoys your rolling it back to him/her</li></ul>	<ul style="list-style-type: none"><li>· Shakes rings</li><li>· Puts objects into a container</li><li>· Starts to scribble</li><li>· Points when he/she notices something in the environment</li></ul>	<ul style="list-style-type: none"><li>· Drinks from a sippy cup</li><li>· Eats finger foods</li><li>· Takes socks and shoes off</li></ul>	<ul style="list-style-type: none"><li>· Does not imitate facial expressions or gestures like "bye-bye"</li><li>· Does not point or look where adults are pointing</li></ul>
18 - 24 months	<ul style="list-style-type: none"><li>· Squats to pick up a toy without falling</li><li>· Copies your actions (i.e. you clap your hands and he/she claps)</li></ul>	<ul style="list-style-type: none"><li>· Stacks 3 or more blocks</li><li>· Paints with whole arm movement</li><li>· Makes scribbles on paper or sand</li></ul>	<ul style="list-style-type: none"><li>· Removes unfastened clothes, shoes</li><li>· Assists with getting dressed and undressed</li><li>· Eats with a utensil</li></ul>	<ul style="list-style-type: none"><li>· As above and;</li><li>· Does not assist with getting dressed</li><li>· Not interested in playing with toys</li><li>· Does not imitate, respond to your voice or sounds in the environment</li><li>· Does not signal when having a full diaper</li></ul>
2 - 3 years	<ul style="list-style-type: none"><li>· plays beside other children (parallel play)</li><li>· some imaginary play</li><li>· symbolic play (ability to formulate, test, clarify and refine ideas, feelings and actions)</li></ul>	<ul style="list-style-type: none"><li>· codes/draws horizontal and vertical lines, circles</li><li>· stacks 9 blocks</li><li>· matches objects</li><li>· sorts according to size, colour, texture, shape</li><li>· uses scissors to cut across paper</li></ul>	<ul style="list-style-type: none"><li>· puts toys away</li><li>· interested in toileting</li><li>· puts shoes on (may be wrong feet)</li><li>· puts T-shirts on, with assistance</li><li>· washes and dries hands</li><li>· independent drinking from cup with little spillage</li><li>· by rote, counts to 5</li><li>· asks for help</li></ul>	<ul style="list-style-type: none"><li>· Cannot accurately reach for object</li><li>· Hands shake when stacking objects</li><li>· No pretend play</li><li>· Lines toys up</li><li>· Repeats the same actions during play</li><li>· Is unable to tolerate changes to routine</li><li>· Child is clumsy or falls a lot</li></ul>
3 - 4 years	<ul style="list-style-type: none"><li>· creative play (refines sensory, movement, cognitive and social skills; explores and develops interests/competencies to promote school-related performance and activities)</li></ul>	<ul style="list-style-type: none"><li>· 5 - 8 piece interlocking puzzle</li><li>· uses scissors to cut out a circle</li><li>· copies drawing of a square</li><li>· draws a person with head, facial features, arms and legs</li><li>· stacks 11 blocks</li></ul>	<ul style="list-style-type: none"><li>· dresses with minimal assistance</li><li>· undresses with independence</li><li>· by rote, counts to 13</li><li>· names colours</li></ul>	<ul style="list-style-type: none"><li>· Avoids using pencils/crayons</li><li>· Uses a fisted grasp on pencils/crayons</li><li>· Avoids or unable to do simple puzzles</li><li>· Chooses to play alone rather than with other children</li><li>· Oversensitive to touch/texture (e.g. does not like getting hands dirty; only eats certain texture of food; does not like new clothes)</li></ul>
4 - 5 years		<ul style="list-style-type: none"><li>· copies diamonds, triangles and crosses</li><li>· dynamic tripod grasp</li><li>· uses scissors to cut out shapes</li><li>· hand dominance established</li></ul>	<ul style="list-style-type: none"><li>· independent toileting</li><li>· independent with bathing, brushing teeth</li><li>· matches and fastens buttons</li><li>· uses a knife to spread</li></ul>	