



Northwest Child Development Centre

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Early Intervention Services

Infant Development Program

Program Coordinator
Consultants

Early Invention Program

Program Coordinator
Family Services Coordinator
Occupational Therapist
Physiotherapist
Speech/language Aide
Therapy Aide

Make Children First Initiative

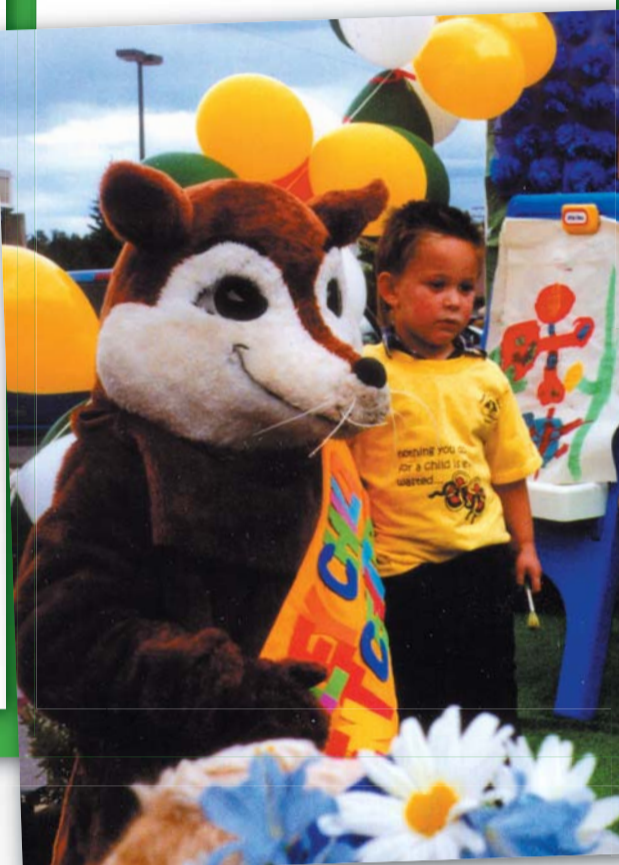
Implementation Manager
FASD/CDBC Key Worker
Assessment and Support

Provincial Outreach Program (Psychology and Seating)

Family Services Coordinator

School Age Services

Physiotherapist
Occupational Therapist
Community Education
Move to Learn Group



Community Resources and Education

Child Care Resource & Referral

Regional Coordinator
Program Manager
Resource Educator
Resource Assistant
Outreach Educator

Toy/Equipment/Resources Lending Libraries

Child Care Resource and Referral
Family Services Coordinator
Therapy Aide



Milestones and Warning Signs for Speech and Language Development

Age	Understands	Expresses	When to be Concerned
0-6 months	<ul style="list-style-type: none"> watches your face when you talk reacts to friendly and angry voices/faces looks when name is called and enjoys social routines (peek-a-boo, pat-a-cake) 	<ul style="list-style-type: none"> babbles and squeals to people smiles repeats own sounds uses a variety of sounds tries to talk to you with sounds 	<ul style="list-style-type: none"> does not react to sounds does not make sounds does not reach/grab objects
6-12 months	<ul style="list-style-type: none"> understands common words (bye-bye, up, give, come and own name) 	<ul style="list-style-type: none"> uses first words tries to say words and sounds, sings and laughs imitates 	<ul style="list-style-type: none"> does not respond to simple words does not babble
12-18 months	<ul style="list-style-type: none"> understands 50 words (3 body parts) understands simple questions (Where's your shoes?) understands simple commands (Open your mouth.) 	<ul style="list-style-type: none"> uses up to 50 words uses gestures (nods yes and no, points) imitates at least 12 different sounds 	<ul style="list-style-type: none"> does not talk does not point or indicate what he/she wants is not sociable
18-24 months	<ul style="list-style-type: none"> understands 1200 words knows and points to pictures distinguishes one from many understands simple stories 	<ul style="list-style-type: none"> uses 200-250 words uses 2-word sentences less mimicking observed asks questions, uses I, me, mine 	<ul style="list-style-type: none"> uses more gestures than words does not combine words does not follow directions
24-30 months	<ul style="list-style-type: none"> identifies pictures of actions understands 2400 words follows 2-step directions understands function of objects, plurals, boy/girl 	<ul style="list-style-type: none"> uses 425 words uses no/not in phrases uses 3-word sentences 70% of what s/he says is understood 	<ul style="list-style-type: none"> does not use 2-word sentences does not answer questions
3 years	<ul style="list-style-type: none"> understands 3600 words understands "What do we do when ...?" questions understands "Why?" questions takes turns in play follows 3-step directions understands big/little, colours aware of past/future tenses 	<ul style="list-style-type: none"> vocabulary of 900 words uses 3-4 word sentences uses what/where questions uses some describing words (big, little, wet, dirty) can tell simple stories and relate events 80-85% of what s/he says is understood 	<ul style="list-style-type: none"> shows frustration when trying to talk child's speech is difficult to understand
4 years	<ul style="list-style-type: none"> understands 5600 words knows all colours knows number concepts to 4 understands opposites (slow/fast) knows full name and familiar stories recognizes name in print 	<ul style="list-style-type: none"> vocabulary of 1500 words uses 5-6 word sentences counts to 3 gives meaning of words names all colours enjoys rhyming and telling stories 90-100% of what s/he says is understood 	<ul style="list-style-type: none"> stutters uses incomplete sentences child's speech is difficult to understand
5 years	<ul style="list-style-type: none"> understands 9600 words knows numbers to 5 uses past, present and future tenses understands if, because, when, right, left 	<ul style="list-style-type: none"> vocabulary of 2200 words uses complete and complex sentences reads by way of pictures 	<ul style="list-style-type: none"> same as above

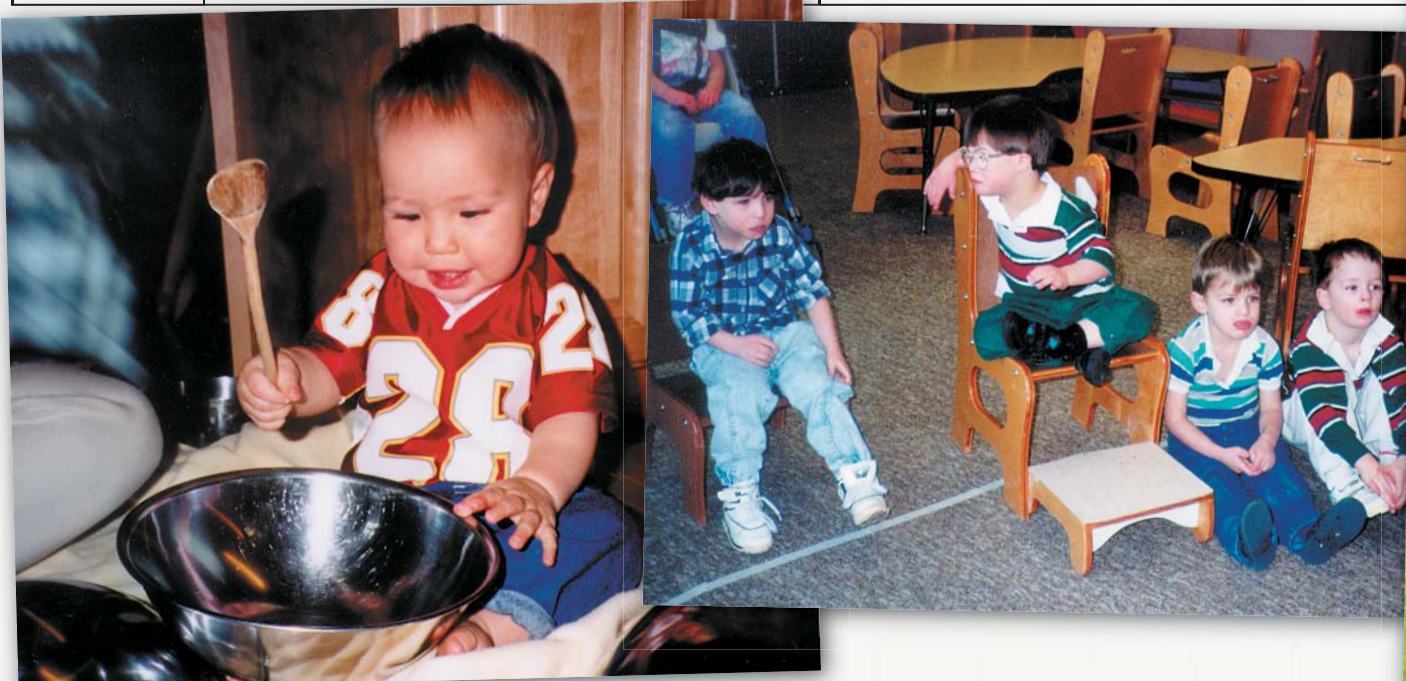


Chart Title

Age	Gross Motor Development Milestones	When to be Concerned
1-2 months	<ul style="list-style-type: none"> Briefly lifts head Bends and straightens arms and legs when lying on back Rolls from side to back 	<ul style="list-style-type: none"> Only kicks one leg, or moves one arm
3-5 months	<ul style="list-style-type: none"> Head, neck and trunk control improved Pushes up with arms and raises head while on stomach (by 5 months) Raises arms and legs off floor when lying on stomach Brings hands together at centre of body 	<ul style="list-style-type: none"> Arches back whenever held Unable to push up with arms (by 5 months) Head, neck and trunk seem either too "floppy" (can't hold head up) or too "stiff"
6-8 months	<ul style="list-style-type: none"> Sits unsupported or by leaning on hands Turns head side to side Grabs foot; may bring foot to mouth Bounces up and down when held in standing Rolls from front to back and usually back to front Pulls to sitting or standing 	<ul style="list-style-type: none"> Needs support to sit Will not stand with assistance; will not put weight on feet Does not move to get toys Does not roll or attempt to roll
9-11 months	<ul style="list-style-type: none"> Balances in kneeling Sits and plays with toy Stands briefly unsupported; walks with support Crawls on hands and knees; some cruising (walking along furniture) 	<ul style="list-style-type: none"> Does not move into kneeling Does not attempt to stand Poor balance in sitting
12-15 months	<ul style="list-style-type: none"> Rolls ball forward; throws small ball from sitting Stands unassisted Walks without help; feet wide apart and arms out for balance 	<ul style="list-style-type: none"> Locks knees backwards when standing Does not move objects from one hand to another
16-24 months	<ul style="list-style-type: none"> Walks with feet closer together and arms at side or holding a toy Walks backwards, sideways and up/down stairs with hand held Runs forward Squats and gets back up to pick up toy from floor Climbs onto an adult chair 	<ul style="list-style-type: none"> Favours one leg or hand more than the other Walks with feet excessively pointing out Walks with feet rolling over to the inside Unable to rise from squatting position Unable to walk up/down stairs with assistance
2 years	<ul style="list-style-type: none"> Balances briefly on one foot Runs; jumps; kicks ball Walks up/down stairs holding onto railing Climbs on/off chairs 	<ul style="list-style-type: none"> Seems fearless and does not understand danger Falls a great deal Does not attempt climbing
3-4 years	<ul style="list-style-type: none"> Catches large balls with arms bent Balances on one foot for 5-10 seconds Runs, stops, starts, turns easily Walks and balances along a line or board; walks heel-toe along line Jump 2" - 8" off the ground; jumps off a step Hops on one foot Alternates feet going up or down stairs Starts to pedal tricycle 	<ul style="list-style-type: none"> Appears very uncoordinated or 'clumsy' Falls a lot or walks into objects Does not jump up Has difficulty imitating physical motions/movements

Chart Title

Age	Play Skills	Fine Motor	Self Care	When to be Concerned
0-6 months	<ul style="list-style-type: none"> Reaches for toys starting at 4 months Reaches, grasps, bangs and splashes 	<ul style="list-style-type: none"> Holds object briefly when placed in hand starting at 4-5 months 	<ul style="list-style-type: none"> Sleeps and feeds at regular times by 6 months 	<ul style="list-style-type: none"> Does not suck well on nipple Does not lift head when on tummy by the age of 2/3 months
6-12 months	<ul style="list-style-type: none"> Picks up small and bigger toys Claps, moves, plays "peek-a-boo" Imitates facial expressions and sounds (i.e. lip smacking, tongue clicks) 	<ul style="list-style-type: none"> Uses pincer grasp to pick up small objects Bangs toys together Grasps and explores objects by mouth Stacks 2 blocks Passes an object from one hand to the other Takes things out of containers 	<ul style="list-style-type: none"> Holds and drinks from a bottle Eats some finger foods Begins eating some foods with a spoon 	<ul style="list-style-type: none"> Limited eye-contact Consistently favours one hand and/or one leg Hand (or hands) remain fisted Does not explore with hands Does not reach and hold objects
12-18 months	<ul style="list-style-type: none"> Pushes or pulls toys or other objects when walking Rolls a ball and enjoys your rolling it back to him/her 	<ul style="list-style-type: none"> Shakes rings Puts objects into a container Starts to scribble Points when he/she notices something in the environment 	<ul style="list-style-type: none"> Drinks from a sippy cup Eats finger foods Takes socks and shoes off 	<ul style="list-style-type: none"> Does not imitate facial expressions or gestures like "bye-bye" Does not point or look where adults are pointing
18-24 months	<ul style="list-style-type: none"> Squats to pick up a toy without falling Copies your actions (i.e. you clap your hands and he/she claps) 	<ul style="list-style-type: none"> Stacks 3 or more blocks Paints with whole arm movement Makes scribbles on paper or sand 	<ul style="list-style-type: none"> Removes unfastened clothes, shoes Assists with getting dressed and undressed Eats with a utensil 	<ul style="list-style-type: none"> As above and; Does not assist with getting dressed Not interested in playing with toys Does not imitate, respond to your voice or sounds in the environment Does not signal when having a full diaper
2-3 years	<ul style="list-style-type: none"> plays beside other children (parallel play) some imaginary play symbolic play (ability to formulate, test, clarify and refine ideas, feelings and actions) 	<ul style="list-style-type: none"> codes/draws horizontal and vertical lines, circles stacks 9 blocks matches objects sorts according to size, colour, texture, shape uses scissors to cut across paper 	<ul style="list-style-type: none"> puts toys away interested in toileting puts shoes on (may be wrong feet) puts T-shirts on, with assistance washes and dries hands independent drinking from cup with little spillage by rote, counts to 5 asks for help 	<ul style="list-style-type: none"> Cannot accurately reach for object Hands shake when stacking objects No pretend play Lines toys up Repeats the same actions during play Is unable to tolerate changes to routine Child is clumsy or falls a lot
3-4 years	<ul style="list-style-type: none"> creative play (refines sensory, movement, cognitive and social skills; explores and develops interests/competencies to promote school-related performance and activities) 	<ul style="list-style-type: none"> 5-8 piece interlocking puzzle uses scissors to cut out a circle copies drawing of a square draws a person with head, facial features, arms and legs stacks 11 blocks 	<ul style="list-style-type: none"> dresses with minimal assistance undresses with independence by rote, counts to 13 names colours 	<ul style="list-style-type: none"> Avoids using pencils/crayons Uses a fisted grasp on pencils/crayons Avoids or unable to do simple puzzles Chooses to play alone rather than with other children Oversensitive to touch/texture (e.g. does not like getting hands dirty; only eats certain texture of food; does not like new clothes)
4-5 years		<ul style="list-style-type: none"> copies diamonds, triangles and crosses dynamic tripod grasp uses scissors to cut out shapes hand dominance established 	<ul style="list-style-type: none"> independent toileting independent with bathing, brushing teeth matches and fastens buttons uses a knife to spread 	



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